

CPR First Aid

This is a self-paced course with continuous enrollment

\$25.00

Do you know what to do when an emergency strikes? When seconds can mean the difference between life and death, there is no time to panic, to question neighbors to see if they know First Aid and CPR, or to look it up on the internet. At some point in our lives we are all faced with the unexpected loss of a loved one, a medical crisis, or just our own mortality. The time to learn how to cope with such emergencies is **BEFORE THEY HAPPEN!**

Knowing what to do in a medical crisis can be critical to its successful outcome. This course offers basic first aid and CPR to help you “hold down the fort” until the ambulance arrives.

Suppose a friend or loved one suffers severe chest pains after shoveling snow, and weather conditions delay the paramedics. Maybe your small child has awakened with a high fever or possibly he swallowed some unknown substance. Or, perhaps you are on vacation – 50 miles from the nearest hospital – when a companion falls and fractures a limb, chokes on a piece of meat, or suffers a stroke. We think it will never happen to us, but if the “impossible” occurs, can you handle these emergencies competently and administer first aid until help arrives?

In this course, students will learn the basic skills for administration of CPR to adults, children, and infants. They will learn how to recognize symptoms of a life-threatening emergency, how to provide basic life support, and what to do in the case of an airway obstruction or choking. They will also learn how to recognize the signs and symptoms of injuries and sudden illness. Crucial information explaining how to deal with emergencies such as shock, seizures, burns, allergic reactions, sprains, strokes, insect and snake bites is covered.

WARNING: Some material presented in this class is of a graphic nature and may be offensive to some students. Viewer discretion is advised.

The course will deal at length with the following topics, with each lesson providing printable tips that can serve as a quick reference guide. Step-by-step procedures are given and illustrated where appropriate.

Lesson 1 – Background

Lesson 2 – Knowledgeable Action in an Emergency May Save A Life

Lesson 3 – The Human Body

Lesson 4 – Victim Assessment

Lesson 5 – Basic Life Support Techniques

Lesson 6 – Bleeding and Shock Emergencies

Lesson 7 – Wounds

Lesson 8 – Dressings and Bandages

Lesson 9 – Burns

Lesson 10 – Head and Spinal Injuries

Lesson 11 – Chest, Abdominal, and Pelvic Injuries

Lesson 12 – Bone, Joint, and Muscle Injuries

Lesson 13 – Extremities Injuries

Lesson 14 – Splinting Extremities
Lesson 15 – Sudden Illnesses
Lesson 16 – Poisoning
Lesson 17 – Bites and Stings
Lesson 18 – Cold-Related Emergencies
Lesson 19 – Heat-Related Emergencies
Lesson 20 – Childbirth and Gynecologic Emergencies
Lesson 21 – Behavioral Emergencies
Lesson 22 – Wilderness First Aid
Lesson 23 – Rescuing and Moving Injured Victims

Grading Policy

A = 100 – 90
B = 89 – 80
C = 79 – 70
D = 69 – 60
F = 59 – Below

Students have the opportunity to purchase CEU and Course certificates upon successful completion of the course.

This course is worth 4 Continuing Education Unit (4 CEUs)

- A score of 90% and above entitles the student to purchase a **Certificate of Academic Excellence**
- A score of 80–89% entitles the student to purchase a **Certificate of Merit**
- A score of 75% entitles the student to purchase a **Certificate of Appreciation**

Certificates cost \$25 and can be purchased after completion of the course.

Disclaimers

This class is for informational or refresher purposes, not certification. It cannot be substituted for any state, government, licensing, or educational requirements.

Unless you are taking this for the basic first aid or as a CPR refresher course, you should not attempt CPR on a victim until you have taken a practical course with mannequins to ensure proper technique. These take only 2–3 hours and are offered at the Red Cross, through fire departments, in adult education classes, or through your local hospitals.

Questions? Feel free to contact me prior to enrollment in my class at webbycyberclasses@yahoo.com